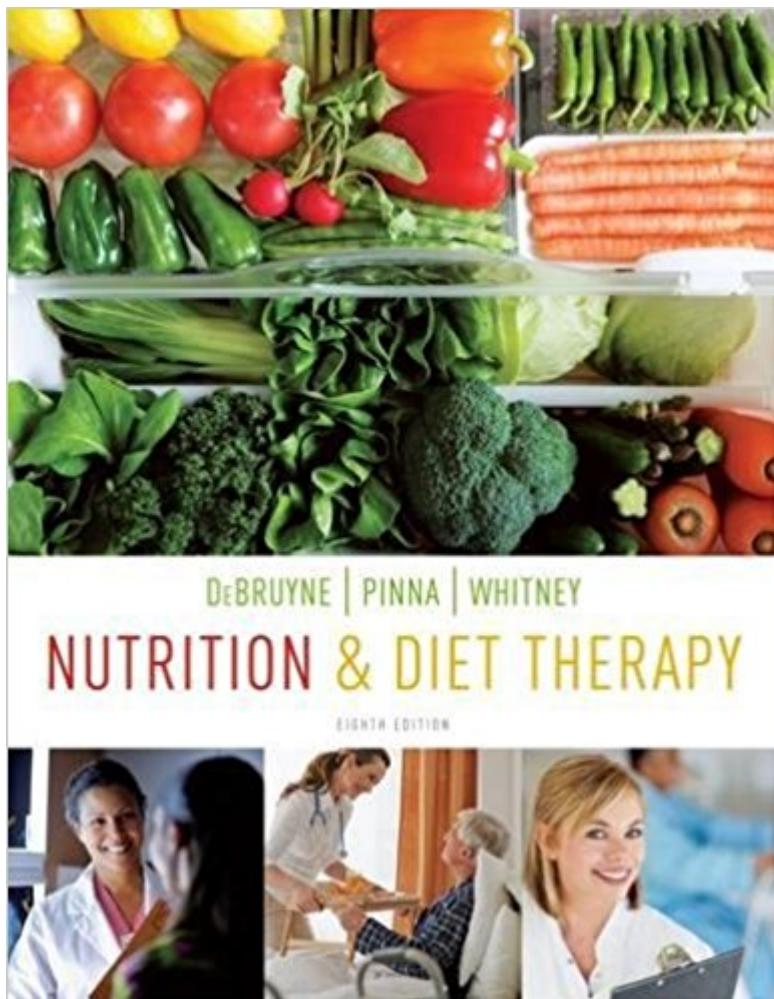


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# Nutrition And Diet Therapy



## **Synopsis**

NUTRITION AND DIET THERAPY, 8th Edition, is unique in its organization by diets rather than by organ systems or disease states and distinguishes itself through rich pedagogical features that require students to apply their knowledge as they learn it. This text provides core nutrition concepts and up-to-date clinical content at a level that is accessible to the range of health care team members who are responsible for a client's nutrition needs. NUTRITION AND DIET THERAPY provides the basic facts and a wealth of practical information readers need to assume their responsibility for nutrition care.

## **Book Information**

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## **Customer Reviews**

Linda Kelly DeBruyne, MS, RD received her BS in 1980 and her MS in 1982 in nutrition and food science at Florida State University. She is a founding member of Nutrition and Health Associates, an information resource center in Tallahassee, Florida, where her specialty areas are life cycle nutrition and fitness. Her other publications include the textbooks NUTRITION FOR HEALTH AND HEALTH CARE, HEALTH: MAKING LIFE CHOICES, and the multimedia CD-ROM NUTRITION INTERACTIVE. She is a registered dietitian and maintains a professional membership in the Academy of Nutrition and Dietetics. Kathryn Pinna has taught nutrition, food science, and human biology courses in the San Francisco Bay Area for more than 25 years. Formerly an outpatient Registered Dietitian, Dr. Pinna is a member of both the American Society for Nutrition and the Academy of Nutrition and Dietetics. Her experience also includes work as an Internet consultant and

freelance writer, which led to textbook publications such as Nutrition and Diet Therapy, and Nutrition for Health and Health Care. Dr. Pinna earned her MS and PhD in Nutrition from the University of California, Berkeley. Ellie Whitney, PhD grew up in New York City and received her B.A. and Ph.D. degrees in English and biology at Radcliffe/Harvard University and Washington Universities, respectively. She has taught at both Florida State University and Florida A&M University, has written newspaper columns on environmental matters for the Tallahassee Democrat, and has authored almost a dozen college textbooks on nutrition, health, and related topics, many of which have been revised multiple times over the years. In addition to teaching and writing, she has spent the past three-plus decades exploring outdoor Florida and studying its ecology. Her latest book is Priceless Florida: The Natural Ecosystems (Pineapple Press, 2004).

The book is great, but I will NEVER rent a USED book from again! It was SO worn out and marked up with the cover bent, wrinkled and tore up, and most of the pages were FILLED with ALL SORTS of pink highlighting and writing all over the place! I was VERY disappointed. Before I initially saw the book, I was thinking about paying the difference to keep the book at the end of my rental period, but NOT with THIS book!

I have been a nurse for a really long time and going back to school to further my education isn't easy. This was a class I needed for my BSN and it has tons of information not just for serving your patient but in our everyday lives. It's a great book to help in everyday living.

I find this text pleasantly readable, with good graphics and supplemental materials, and a nice focus on the practical applications of the principles being taught. For my purposes, an RN in an associate's to BSN program, I find the data to be in depth enough that I'm learning something, but not so deep that I'm diagramming molecules in my sleep. Highly recommended!

The packaging it came in had holes in it and the international edition lacks the RDAs and the DVs that I need to use for class. I'm a little disappointed with packaging too because the book could've gotten all wet.

I used this book to study for a class I took. Even without taking the class, the material was provided in a decent format so that we could understand the material and be interested in it.

I learned a great deal of information that I now apply to my personal life. The material was not difficult to understand. I would recommend this book to anyone.

Just what I wanted

it is out dated for information in the care of newborn and the real world of nutrition and WIC and Pediatricians.

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